



## PREVENT BLINDNESS AMERICA®

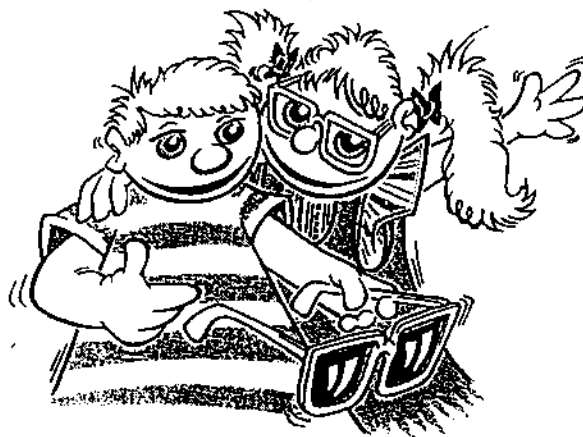
500 East Remington Road, Schaumburg, Illinois 60173

*The nation's leading  
volunteer eye health  
& safety organization  
dedicated to fighting  
blindness and saving  
sight.*

### Safety Tips for Your Home

Most people don't know there are many things in their home that pose serious risks to children's eyes. While supervision is still the best precaution, there are steps you can take to ensure their safety and well-being. Teaching youngsters about eye safety is one way. Encouraging the use of eye protection is another.

But actions often speak louder than words. Adults who wear eye protection reinforce the lessons they teach their children. In addition, following these home safety tips can help prevent accidents from occurring.



Play it safe with your eyes!

*Also known as the  
National Society  
to Prevent Blindness.*

#### Bathroom and Kitchen

- ✓ Teach children not to run around with forks or knives.
- ✓ Place detergents and other cleaning supplies behind locked doors or away from children's reach.
- ✓ Set a good example by wearing eye protection when cleaning the oven or using cleaning solutions that are ammonia based.
- ✓ Encourage children not to run around with their toothbrushes.

#### Bedroom

- ✓ Make sure clothes hangers stay in the closet.
- ✓ Don't allow children to play with small or pointy toys in bed.
- ✓ Young children should not be allowed to play with hairspray, hairbrushes or combs without adult supervision.

#### Play Area

- ✓ Teach children to put toys away.
- ✓ Keep toys intended for older children away from younger ones.
- ✓ Remind children not to throw toys or other objects at each other.
- ✓ Repair or throw away toys with broken parts.

#### Yard and Garden

- ✓ Keep children away from the area when using lawn equipment, such as lawn mowers or weed and hedge trimmers.
- ✓ Inspect the lawn for rocks, sticks or other debris before mowing.
- ✓ Always wear safety eyewear when using lawn equipment, fertilizers and pesticides.

For additional  
information, call  
800-331-2020

-TURN PLEASE-

## Workshop

- ✓ Place nails, glue, screwdrivers or other tools away from a child's reach.
- ✓ Keep young children away from the area where power tools are being used.
- ✓ Set a good example by always wearing eye protection when working around equipment.
- ✓ Encourage others who enter the workshop to wear eye protection.
- recommended eyewear for specific sports).
- ✓ Make sure children who wear prescription glasses do not play contact sports without proper eye protection.
- ✓ Work together to develop a list of eye safety rules that they can follow when playing.

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## Backyard Games

- ✓ Encourage youngsters to wear appropriate eye protection when playing baseball, basketball or other types of contact sports (Call PREVENT BLINDNESS for a list of the
- For additional information on how to keep your home safe for children's eyes, call PREVENT BLINDNESS AMERICA® at 1-800-331-2020.

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PREVENT BLINDNESS AMERICA® is the nation's leading volunteer eye health and safety organization dedicated to fighting blindness and saving sight. Founded in 1908, PREVENT BLINDNESS AMERICA® and its nationwide network of affiliates and divisions serve millions of people each year through public and professional education, community and patient services programs and research.

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